



# CHIROGENIX

Flexibility. Mobility. Recovery.

## Chirogenix Healthcare Supplements

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Chirogenix is a range of healthcare supplements available exclusively through registered chiropractors. Our range includes Chirogenix Advanced Joint Care and Chirogenix Marine Oil Omega 3 bone and joint health supplements, to help provide your body with the support, protection and mobility it needs to allow you to stay happy and active.

“When you provide your bones and joints with all the key nutrients they need, age becomes just a number.”

### Why a joint supplement?

Over time, the health of your bones and joints deteriorates. It might be that you want to maintain an active lifestyle, but aches and pains in the knees and other joints make it painful to run or even just to walk. In extreme cases, patients have to resort to cortisone or anti-inflammatory drug injections, or even joint replacement surgery.

Healthy bones and joints give you a strong foundation for protection against age-related deterioration, allowing you to stay mobile and independent. Specialised bone and joint supplements help strengthen and protect bones, and provide relief from pain and inflammation.

### Chirogenix Advanced Joint Care

This comprehensive daily supplement and advanced joint health formula combines Glucosamine, Chondroitin, Boswellia and Turmeric Extract to help promote a healthy inflammatory response, support healthy cartilage tissue and encourage easy, comfortable joint function.

### Chirogenix Marine Oil Omega 3

Chirogenix Marine Oil Omega 3 caps contain concentrated fish oil made mainly from sardine, anchovy and mackerel. Fatty fish varieties such as salmon, mackerel, sardines and trout are high in omega-3 fatty acids, which have been shown to encourage the production of chemicals that help control inflammation in the joints, bloodstream and tissues.

### Monthly Direct-to-Door delivery

Chirogenix Joint care supplements are available exclusively through registered chiropractors or sign-up online for monthly direct-to door delivery.

Go to [www.chirogenix.co.za](http://www.chirogenix.co.za) or speak to your family chiropractor for more information.